(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)
Glorious Goodwood Circuit Races ~ Course P917/10
Saturday16th July ~ from 18:00hrs ~ 10-mile TT
The Iconic Goodwood Motor Racing Circuit ~ Chichester PO18 0PX
The Last of the Summer Whine, "I got held up at the chicane". . .
Saturday Evening Time Trials for 2022
(though, we still have a couple of Wednesday night events)
featuring
The National Youth Championship (South DC Qualifier)
The South District 10 mile TT Championship for Road Bikes \& TT Bikes

Timekeeping Crew:

Start Line Stewards:
Motorcycle Marshals:
Signing-On \& Reception:
Photography by:
Sheena Booker

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN Tel.: 01428651843 ~ mobile : 07770885428 ~ email dcb@a3crg.co.uk
Medals \& Certificates For the National Youth Championship with be presented at the end of the event to the South DC Qualifiers (members of South DC Clubs or attending school in the area), we should be all finished \& cleared away by 20:30.
There will be time between 18:00 \& 18:25 to warm up on the track (no riders going to warm -up on the track after 18:20)
Road Bike Regs: No Aero Bars, Pointy Hat \& Disc Wheel (Max wheel Depth 90mm)
This is a 30 second Start Time Event, check your start time, late starts may not be an option. Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing
Gates will open (for us) at 17:15 ~ Please don't arrive early as another event will be taking place.

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that a WORKING FRONT \& REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

## Procedure for the Event:

- Please Respect Covid-19 Conditions: If you have Covid like symptoms, persistent cough, lack of taste \& smell or you have left your wallet at home, please do not attend.
- If you have road race pockets for your number, please use the left-hand pocket to aid the finishers.
- Do not walk across the airfield, it is an active aerodrome, rotor blades can make a mess of you \& also tears your skinsuit.
- Look where you are going, keep your head up,
- If caught, ease back; do not take pace on the wheel of the rider who caught you
- If passing a rider, please make sure the effort is enough to pass completely
- Last Lap, stay on the Left inside the black Cones on the Finish Section, and shouting your number out as you finish.
Though the course is on the perimeter of a working Airfield, you are not required to have a flashing orange beacon affixed to your helmet, however . . . . you are still required to have a working front $\&$ rear light fixed to your bike $\&$ switched on during your event.


## Course Length 10 miles ( $4 \&$ bit Laps) for all events:

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping the right handside, bear right following the circuit. After passing a "Radio Mast" on your right handside you will pass the finishing area, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left \& you are now on the (Circuit) "Pit Straight", make sure you are in the middle of the circuit.

After bearing right, you are are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.
After completing your third lap you are starting your fourth \& final full lap. When you come onto the (Circuit) "Pit Straight" bear in mind you need to keep left, so that you are in-line to go through the coned finish lane to finish ( 10 miles). DO NOT NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).
All Ten Mile times set during this Open Event (unlike club event times) are "Official" \& can be used for updating any PB's, used for qualifying for National Championships, Veteran Standards \& Age Group Records.
If you do not finish, please let us know, do not wander off home in a sulk \& please put your number in the bin provided.

Event 1: $\sim$ Men's South DC Road Bike Championship, $4 \&$ bit Laps $=10-m i l e s$
Road Bike Record Crispin Doyle $0021: 24$

| Num | Rider | Squadra/Team/Club | Cat | Départ |
| :---: | :--- | :--- | :---: | :---: |
| 11 | Stephen Skinner | Velo Club St Raphael | Vet-F | 18:35:30 |

Event 2: Femmes South DC Road Bike Championship, 4 \& bit Laps = 10-miles
Womens Road Bike Record: Celia Brown 00:24:29

| Num | Rider | Squadra/Team/Club | Cat | Départ |
| :---: | :--- | :--- | :---: | :---: |
| 12 | Dawn Cousins | Sotonia CC | WVet-B | 18:36:00 |
| 13 | Cath Wallace | Crabwood Cycling Club | WVet-C | 18:36:30 |
| 14 | Kirsty Cook | West Wight Wheelers | WVet-C | 18:37:00 |


| 15 | Abigail Cole | Vectis Academy | WSen | 18:37:30 |
| :---: | :--- | :--- | :---: | :---: |
| 16 | Agata Kapuscinska | Dorking Cycling Club | WVet-A | 18:38:00 |
| 17 | Louisa Cooper | Bournemouth Jubilee Whs | WSen | $18: 38: 30$ |

## Event 3: Femmes South DC TT Bike Championship ~ 4 \& bit Laps = 10-miles

Femmes Course \& Event Record : Angela Carpenter 00:22:14

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
| :---: | :--- | :--- | :---: | :---: |
| 18 | Kate Stillwell | Petersfield Triathlon Club | WSen | 18:39:00 |
| 19 | Lilly Chant | Southampton University Road CC | WSen | 18:39:30 |
| 20 | Christina Dove | ...a3crg | WVet-D | 18:40:00 |
| 21 | Faye Faber | DRAG2ZERO | WSen | 18:40:30 |

## Event 4: The National Youth Championship (South DC Qualifier)

 (Youth Riders who are under 17 years of age as of the $31^{\text {st }}$ August 2022) ~ 10-miles Event Records (Femme) Sophie Heighton 00:26:22 ~ (Male) Lucas Lovell 00:27:56| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
| :---: | :--- | :--- | :---: | :---: |
| 22 | Amy Clarke | Surrey Cycle Racing League | Femme-11 | $18: 41: 00$ |
| 23 | Jaya Martingale | Sotonia CC | Femme-9 | $18: 41: 30$ |
| 24 | Rosie Wingate | Solent Pirates Youth CC | Femme-12 | $18: 42: 00$ |
| 25 | Isla Hoult | Velo Club Venta | Femme-13 | $18: 42: 30$ |
| 26 | Skye Martingale | Sotonia CC | Femme-13 | $18: 43: 00$ |
| 27 | Grace Upshall | Poole Wheelers Cycling Club | Femme-13 | $18: 43: 30$ |
| 28 | Micah Williams | Chichester Triathlon Club | Youth-14 | $18: 44: 00$ |
| 29 | Ethan Skipwith | Velo Club Venta | Youth-13 | $18: 44: 30$ |
| 30 | Lucas Lovell | Portsmouth North End CC | Youth-13 | $18: 45: 00$ |
| 31 | Sam Martin | Banbury Star Cyclists' Club | Youth-13 | $18: 45: 30$ |
| 32 | Oscar Lawrence | Velo Club Venta | Youth-14 | $18: 46: 00$ |
| 33 | Dougal Rattray | Chichester Triathlon Club | Jun-16 | $18: 46: 30$ |
| 34 | Samuel Hughes | Velo Club Venta | Youth-14 | $18: 47: 00$ |
| 35 | Charlie Hussey | High Wycombe CC | Youth-15 | $18: 47: 30$ |
| 36 | Evan Williams | Solent Pirates Youth CC | Youth-15 | $18: 48: 00$ |
| 37 | Oscar Hoult | Velo Club Venta | Jun16 | $18: 48: 30$ |
| 38 | Ewan Cook | Wightlink Wight Mountain RT | Youth-14 | $18: 49: 00$ |
| 39 | Bobby Buenfeld | Velo Club Venta | Youth-15 | $18: 49: 30$ |

Event 5: Heritage Bikes (pre 2001 \& Pre 1992 Bikes) 4 \& bit Laps =10-miles
Event Records: (Pre-92) Howard Heighton 00:27:36 ~ Pre 2001 George Turner 00:23:17

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
| :---: | :--- | :--- | :---: | :---: |
| 40 | Vernon Schutte | Farnborough \& Camberley CC (pre-92 | Vet-F | 18:50:00 |
| 41 | Jorj James | LFGSS CC | (pre-92) | Vet-D |
| 42 | Peter Baker | Lewes Wanderers CC | (pre-92) | Vet-E |
| 43 | Stuart Martingale | Sotonia CC | 18:51:00 |  |

Event 6: Men's South DC TT Bike Championship ~ $4 \&$ bit Laps $=10$-miles
Course \& Event Record: Sam Clark 00:19:21

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
| :---: | :---: | :---: | :---: | :---: |
| 2 | David Sharp | Portsmouth Triathletes | Vet-D | 18:31:00 |
| 3 | Ian Hoddle | VC Godalming \& Haslemere | Vet-C | 18:31:30 |
| 4 | Michael Banfield | DHC (Districts of Hamwic) | Vet-E | 18:32:00 |
| 5 | Neil Langley | Hampshire Road Club | Vet-B | 18:32:30 |
| 6 | Ben Lowe | Precision Race Team | Sen | 18:33:00 |
| 7 | Ian Sherin | 3C Cycle Club | Vet-E | 18:33:30 |
| 8 | Ed Stivala | Team Milton Keynes | Vet-C | 18:34:00 |
| 9 | Terry Wilson | Chichester City Riders | Sen | 18:34:30 |
| 10 | Neil Mackley | ...a3crg | Vet-D | 18:35:00 |
| 44 | David Donald | Fareham Wheelers CC | Vet-B | 18:52:00 |
| 45 | Robin Johnson | Brighton Mitre CC | Vet-G | 18:52:30 |
| 46 | Kevin Battell | Eastbourne Rovers CC | Vet-D | 18:53:00 |
| 47 | Simon Hall | Crabwood Cycling Club | Vet-C | 18:53:30 |
| 48 | Jeremy Tucker | Fareham Wheelers CC | Vet-D | 18:54:00 |
| 49 | Chris Hughes | Velo Club Venta | Vet-B | 18:54:30 |
| 50 | Robert Giles | PMR | Vet-H | 18:55:00 |
| 51 | Gregory Mead | Endurance Hub Tri Team | Vet-A | 18:55:30 |
| 52 | Mike Marchant | Southdown Velo | Vet-F | 18:56:00 |
| 53 | Tom Cox | Saint Piran | Vet-F | 18:56:30 |
| 54 | Mike Anderson | CC Moncontour | Vet-E | 18:57:00 |
| 55 | John McDonald | trainSharp | Vet-D | 18:57:30 |
| 56 | Roman Lacko | Endurance Hub Tri Team | Vet-B | 18:58:00 |
| 57 | Gary Chiverton | Bournemouth Jubilee Whs | Vet-E | 18:58:30 |
| 58 | Nick Andrews | Portsmouth North End CC | Vet-D | 18:59:00 |
| 59 | Alexander Paul | NAUT Cycling | Vet-A | 18:59:30 |
| 60 | Matt Hill | VC Godalming \& Haslemere | Vet-E | 19:00:00 |
| 61 | Brian Molloy | Brighton Excelsior CC | Vet-C | 19:00:30 |
| 62 | William Sawyer | Velo Club St Raphael | Vet-D | 19:01:00 |
| 63 | David Ackerley | Team JMC | Vet-A | 19:01:30 |
| 64 | Paul Martin | NAUT Cycling | Vet-C | 19:02:00 |
| 65 | Simon Berogna | Velo Club St Raphael | Vet-B | 19:02:30 |
| 66 | Graham Harman | Sotonia CC | Vet-C | 19:03:00 |
| 67 | Liam Somerville | ...a3crg | Sen | 19:03:30 |
| 68 | Nigel Pratt | Velo Club St Raphael | Vet-C | 19:04:00 |
| 69 | Joshua Lahiri | Portsdown Hill CC | Sen | 19:04:30 |
| 70 | Ben Williams | Racing Club Ravenna | Sen | 19:05:00 |
| 71 | Darren Cole | Vectis Academy | Sen | 19:05:30 |
| 72 | Kevin Baker | Velo Club St Raphael | Vet-A | 19:06:00 |
| 73 | David Hodsman | Dulwich Paragon CC | Sen | 19:06:30 |
| 74 | Andy Langdown | ...a3crg | Vet-C | 19:07:00 |
| 75 | James Griffin | trainSharp | Sen | 19:07:30 |


| 76 | Chris Loake | AeroCoach | Vet-A | 19:08:00 |
| :---: | :--- | :--- | :---: | :---: |
| 77 | Will Grace | Endurance Hub Tri Team | Sen | 19:08:30 |
| 78 | Matthew Buckley | Velo Club St Raphael | Sen | 19:09:00 |
| 79 | Tom Clements | Wessex Road Club | Vet-A | 19:09:30 |
| 80 | Scott Warden | Charlotteville Cycling Club | Sen | 19:10:00 |
| 81 | Liam Maybank | Twickenham CC | Vet-C | 19:10:30 |

## Event 7: The 3-Up \& 4-Up Team Time Trial 4 \& bit Laps = 10-miles

## TTT Procedures:

1. If you catch a Team then go past them, don't hang on to the back of them.
2. Therefore, if your team is caught fall back, especially at the finish, we are not timing a "bunch finish", NB. There are No Prime Laps!!!
3. The Teams "Time" will be taken on the "Third Rider"

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
| :---: | :--- | :--- | :---: | :---: |
| 86 | Jonathan Ley | Chichester City Riders | Sen | $19: 13: 00$ |
| 86 | Ross Kettle | Chichester City Riders | Sen | $19: 13: 00$ |
| 86 | Andrew Hedges | Chichester City Riders | Sen | $19: 13: 00$ |
| 86 | Nick Piner | Chichester City Riders | Vet-A | $19: 13: 00$ |
| 90 | Antonia Foster | Chichester City Riders | WSen | $19: 15: 00$ |
| 90 | Olivia Sloan | Chichester City Riders | WSen | $19: 15: 00$ |
| 90 | Emma Hanlon | Chichester City Riders | WVet-C | $19: 15: 00$ |
| 90 | Karen Nash | Chichester City Riders | WVet-C | 19:15:00 |
| 94 | Chris McGuire | Hampshire Road Club | Vet-D | $19: 17: 00$ |
| 94 | Robert Watson | Hampshire Road Club | Vet-E | $19: 17: 00$ |
| 94 | Derek Dowden | Hampshire Road Club | Vet-E | $19: 17: 00$ |
| 94 | John Isard | Hampshire Road Club | Vet-G | $19: 17: 00$ |
| $94 R$ | David Mowatt | Hampshire Road Club | Vet-D |  |
| $94 R$ | Paul Beck | Hampshire Road Club | Vet-G |  |
| 98 | Phil Webber | Chichester City Riders | Sen | $19: 19: 00$ |
| 98 | Laurence Brown | Chichester City Riders | Sen | $19: 19: 00$ |
| 98 | Nick Hill | Chichester City Riders | Vet-B | $19: 19: 00$ |
| 98 | Jono Bartle | Chichester City Riders | Vet-C | $19: 19: 00$ |
| 102 | Richard Watson | Chichester City Riders | Sen | $19: 21: 00$ |
| 102 | Adam Coppard | Chichester City Riders | Sen | $19: 21: 00$ |
| 102 | Terry Wilson | Chichester City Riders | Sen | $19: 21: 00$ |
| 102 | Larry Wiltshire | Chichester City Riders | Vet-B | $19: 21: 00$ |

## COURSE CONDITIONS \& PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number \& be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race ( 5 min ), bearing in mind you are going off at $\mathbf{3 0}$ second intervals. Social distancing must be respected in the start area.
The start is approximately halfway along the pit (Number15) lane wall where you will do a standing start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of the wall while racing).

Whilst racing we request that you favour the right-hand side of the track \& only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys \& down the Levant Straight) where this could be an issue.
We have two marshals on motor bikes driving around the track, looking for lost riders.
At the end of your fourth lap ( 10 miles it's a good idea to have distance on your device) you will finish in the finish area, this is on the left-hand side of the track \& you will have seen the black coned off area on previous laps. Ride to the left \& into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding tight to the left-hand side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides. At the chicane you must stay to the right of the wall \& exit the track. (No extra laps please)

## AT THE END OF THE EVENT (Time Trial)

As you exit the track through the gate there will be a box to return your race number, PLEASE. Don't forget to Sign out.

Turbo warm-ups are allowed but please respect other riders car parking. There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.
Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea \& Cake may be Purchased from the "HORSEBOX" on site (we have been assured it will be open).

## Please Respect other Riders Social Distancing . . . . . even behind the "Bike Shed"

## \& Lastly, Enjoy your evening \& thank you for your support.

Next ...a3crg Open Event Date at Goodwood 20己己
Wednesday $27^{\text {th }}$ July 18:30: Events for Youth Road Bikes 9yrs-14yrs - 7.6 miles, Youth 1315 yrs either road or TT bike -10 miles. Men's 10 mile TT's Road Bike \& TT Bikes, Women's 10 mile TT's Road Bike \& TT Bikes plus a 10mile event straight from your attic, "Heritage Bikes", seven events in total.

Wednesday 10 th August 18:30: The "National Chopper Bike Championship" (One Lap) plus Events for Youth Road Bikes 9yrs-14yrs - 7.6 miles, Youth 13-15 yrs either road or TT bike -10 miles. Men's 10 mile TT's Road Bike \& TT Bikes, Women's 10 mile TT's Road Bike \& TT Bikes \& not forgetting a 10mile event straight from your attic, "Heritage Bikes", eight events in total.

After the $10^{\text {th }}$ August dcb will be back to mowing the lawn $\&$ other various tasks around the home, perhaps, perhaps, perhaps . . . . . even a holiday!!!

